



MAHIM WAVES

AUGUST, 2023

Rotary 



❖ R. I. President – Gordon McNally ❖ District Governor – Arun Bhargava ❖

◆ President – Pradnya Sabnis ◆ Secretary – Vidula Kshirsagar ◆

❖ Bulletin Chairperson – Shobha Karnik ❖ Co Editor - Asavari Chandodkar ❖



FROM PRESIDENT'S DESK



August month started with a bang of grand opening of Butterfly Garden at Shishu Vihar School, Dadar East by our DG Arun Bhargava. It was my dream to create one in our vicinity as an environment project and it became reality. It was very satisfying experience. This was possible only because RCMM had developed a good rapport with the school over the years of working together. Even school Principal had a dream to have Butterfly Garden in the school and their founder Tarabai Modak was also an environmentalist. Many thanks to Breathing Roots, our execution partner for this project and RCMM core team Rtns. Dhananjay, Suryakumar and Vrushali. Our DG Arun ji was so much impressed that he mentioned about butterfly garden in every installation he attended.

We have donated a sewing machine to Madhuri Gharat under woman empowerment project. She will soon start her tailoring business and be self-sufficient. I wish her all the best in her endeavour.

Project National Integration is a project very close to our DG Arun Bhargava. This initiative is mainly initiated to help military to bridge the gap between locals of Kashmir and Military. To start with District 3141, will provide Nursing Training to local girl students which will help to save lives of infants and their mother's by doing safe deliveries. Young children will be provided adequate education to help them to improve their life and will also help develop patriotism amongst them towards India. As a part of this initiative 49 members from District 3141 visited Kashmir and I was lucky to be part of it. I was so overwhelmed that I was a part of flag hoisting ceremony with Military on 15th August at 3 locations, witness to sign MoU with local activist Abidaji for training girls from Kashmir for Nursing Job and MoU with Military with clear terms specifying our role in Kashmir - children's education. Even incoming DG Chetan Desai was part of the visit which will ensure that this project will be continued for next year too.

RCMM will be sponsoring education of 5 children and Nursing Training of one Kashmiri Girl.

We were part of organ donation awareness drive with few other clubs at Shivaji Park. We distributed cards and pamphlets to bring the awareness and registered few donors too. We have taken an inspiration to make our club 100% organ donor club and our member Rtn Sunita Padwal is working towards the same. In the near future we will have an organ donation drive on a big scale.

We have planned the monsoon picnic in September. I urge all of you to join and let us have great bonding and become very close knit Rotary Family.

Enjoy Rotary and Enrich Life.

We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2023-24

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BOARD OF DIRECTORS



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&



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Senior Club Advisor

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BUTTERFLY GARDEN AT SHISHU VIHAR SCHOOL

The butterflies do more for us than just adding colour and beauty to our gardens. A garden that attracts butterflies will also bring native bees and birds. They are all really good for the environment and play a role in increasing biodiversity – the variety of plants, animals and micro-organisms and their ecosystems. President Pradya was dreaming to have a Butterfly Garden in and around Dadar, Mahim area for quite sometimes.

Her dream was realized as RCMM inaugurated Butterfly Garden at Shishu Vihar School at the hands of DG Arun Bhargava on 5th August, 2023. The location of the Butterfly Garden is so apt that it is easy access to all the students, at the same time it is well guarded. It is so well laid out and each type of plant carries an information plate giving details of the plant and its function in attracting butterflies.

The inauguration ceremony was well organized and attended by good number of RCMM members. The management and the students of the school enthusiastically organized a grand welcome for DG Arun Bhargava and RCMM Members with a band and lezim (लेझीम) troupe of the students. DG Arun Bhargava and members paid their respects by offering garland and flowers to Savitri Bai Phule.





BUTTERFLY GARDEN AT SHISHU VIHAR SCHOOL

It was so heartening to get welcomed by tiny tots of KG classes with happy faces offering each member with eco-friendly bouquets. The programme commenced with singing National Anthem and DG lighting the traditional lamp. This was followed by School Students singing School Anthem.



Then everyone was lead to Butterfly Garden. DG officially cut the ribbon opening the Garden to everyone. Our execution partner Breathing Roots personnel explained the concept of the Butterfly Garden and the details of plants, their function in attracting the butterflies. DG mentioned that it was a learning curve for him and that this project is truly novel and he did not know what to expect when he received the invitation for inauguration.



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Year 2023-24

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BUTTERFLY GARDEN AT SHISHU VIHAR SCHOOL



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BUTTERFLY GARDEN AT SHISHU VIHAR SCHOOL

After ribbon cutting everyone got assembled in the hall. KG Students sang the melodious song of Butterfly. It was just amazing. DG Arun Bhargava and core team members were presented with token of appreciation by school management. This was followed by speeches by DG, PR Pradnya, Rtn. Suryakumar, School authorities.

DG during his address praised the students of SR KG and his reaction was "सुखद अनुभव था". Rtn Suryakumar gave a quick recall of past association with the school and projects executed by RCMM PR Pradnya thanked DG for making time at a short notice and also the school for giving the land to develop the Butterfly Garden and execution partner Breathing Roots. A special mention was made to the fact that the school would allow common man to walk through and enjoy the butterfly garden after school hours. Overall it was really 'सुखद अनुभव'.





BUTTERFLY GARDEN AT SHISHU VIHAR SCHOOL



Butterfly Garden View from Road Side

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Year 2023-24

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IMPORTANCE OF BUTTERFLIES

Directors Jayesh and Paresh of Breathing Roots, execution partner for Butterfly Garden have provided a write up to understand the Importance of Butterflies. Sharing the same here for our understanding.

Introduction



Due to urbanization we are losing our green belt, as a result it is affecting biodiversity too. Many pollinators like bees, flies, wasps and butterflies are facing threats and are extremely dependent on certain plants. With the planting of such Nectar and Larval food plants, one can invite local butterflies and other micro-fauna in the Garden. In Mumbai and the adjoining area of the suburb we found around 160 species of Butterflies. Some of them are very rare, migratory or seasonal. Those species can be best observed during the day time when there will be sufficient sunlight or ambient light available but there are some exceptions to this case- some butterflies like Evening browns and skippers are crepuscular by nature and best observed during dawn and dusk.

Importance of Butterfly Garden or Pollinator's stop



Butterflies are excellent Bio-indicators. Their presence indicates a healthy and green environment around us. Apart from pollination, butterflies play an important role in the ecosystem. They are the main food-source to several birds, insects, wasps, spiders, flies, lizards, geckos etc. These flying jewels add aesthetic value to your garden and relax your eyes, mind and soul. Butter Gardens can help to migratory species of butterflies for a refuge/ rejuvenate during their respective journey. It will serve as a halting spot for Butterflies.

What is a Larval food plant and Nectar plant for butterflies ?



Butterflies prefer certain host plants for laying their eggs. Once those eggs hatch the tiny larvae feed upon those leaves until they reach the pupation level. Some butterfly larvae feed on tender leaves and sometimes certain species of larvae feed on fruits, buds, bark or even on other insects too. Adult butterflies need nectar on a regular basis so they keep flying from one flower to another. These plants include herbs, shrubs, climbers and trees. Keeping these things in mind, we can arrange a few patches of combinations of nectar and host plants to attract butterflies and other pollinators. This combination of plants also includes different floral colors, shapes and sizes to attract pollinators.

Advantages of a Butterfly Garden in Schools

1. It will help students to understand plant and insect interactions.
2. Such Garden will inculcate the habit among students to study seasonal diversity of local butterfly species in urban habitat.
3. Can observe closely the natural history of butterflies in ex-situ conservation.
4. Butterfly gardens can improve student's scientific approach to see the plants and insects
5. Can learn how to make a checklist of butterflies at a very young age .
6. It will help students to improve their observation skills.





JOINT PROJECT WITH RCRRC AT CSV INTERACT CLUB

Rotary International expects Rotary club sponsors, mentor and guide Interactors as they carry out projects and develop leadership skills. It is expected that Interact clubs to organize at least two projects every year, one that helps their school or community and one that promotes international understanding. In line with these guidelines RCMM successfully completed two projects with the Interact Club of Chatrapathi Shivaji Vidyamandir, supported by RCRamnarain Ruia College.



Rtns Usha and Alka took the lead along with Rotaractors of RCRRC and executed two projects on 1st August, 2023 – Enhancing the Library and DROP.



Enhancing the Library of the CSV school

The general knowledge and story books donated by Rtn. Dr Hemangee were handed over to Principal Veena Madam. She mentioned all the books are useful and will be used by Hindi, Marathi and English medium sections



DROP - Develop Responsible use of Plastic

This was done under the aegis of IPC Indian Pollution Control Advisory. DROP is a CSR project of KIA motors being done on 5 cities in India. As part of the project a Dropbox has been kept in the school premises where the students will drop all



plastic and recyclable things. A presentation on efficient waste management was presented to the students which was very interactive. Overall a very good and useful project appreciated by the school. At the end sweets were distributed to the students.



DROP Box for dropping plastic and recyclable items



INSTALLATION PREMIER SCHOOL INTERACT CLUB

Installation of Premier School Interact Club held on 11th August, 2023 in the school premises was super successful. Many thanks to Youth Director Rtns. Seema Patole, Revati Kanvinde and team, RCKCM Rtr. Vanshita Patel for meticulous planning and execution. It was held in the presence of Principal Rosi Madam, Chief Guest Assistant Trainer Harsha Ghadiali, RCMM PR Pradnya Sabnis, RCMM and RCKCM members.

The ceremony commenced with lighting the lamp by dignitaries, followed by singing National Anthem by all, School Prayers by students and beautiful welcoming dance performance by girl students. Incoming Interact President Int. Anjali Singh was officially installed by collaring and handing over the Charter, Gavel and Gong. She gave an amazing acceptance speech which convinced the teachers and the dignitaries that the presidency of the club was in the right hands. Board members were awarded with Lapel Pins. The smiles on their faces when they were receiving the pins were truly infectious.

Principal, Chief Guest, Presidents of RCMM and RCKCM addressed the students and impressed upon the importance of Rotary Principles and Ethics, purpose of Interact Club. Secretariat Announcement and Vote of Thanks was given of RCKCM Secretary Rtr. Pranjal Ambarte. At the end snacks were distributed.

The function was well attended – 11 RCMM Members, 6 Rotaractors, 79 Interactors, 1 District Official, and 3 faculty / parents. Over all it was well organized. The school had proactively set up the entire venue. The staff and students were cooperative which helped with the smooth sailing of the event.



Lighting of the Lamp by AT Harsha Ghadiali, PR Pradnya Sabnis, Principal Rosy Madam and Youth Director Seema Patole



Welcome Dance Performance by Students

We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2023-24

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INSTALLATION PREMIER SCHOOL INTERACT CLUB



Installation of Interact PR Anjali Singh



Awarding Lapel Pins to Board of Directors



AT Harsha Ghadiali, PR Pradnya Sabnis addressing the students



PR Pradnya with BoD Premier Interact Club

Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self.

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INDEPENDENCE DAY CELEBRATION

India is celebrating its 77th Independence Day on 15th August, 2023. This year, the theme is 'Nation First, Always First' under the 'Azadi Ka Amrit Mahotsav' celebration. This year, around 1,800 special guests from various sections of society were invited to witness the Independence Day ceremony at the Red Fort in Delhi. The G20 logo made from flowers was displayed on the ground.

At RCMM members celebrated the Independence Day in their own way. PR Pradnya travelled all the way to Kashmir along with DG and District dignitaries for Flag Hoisting ceremony. Rtn Dr Pallavi celebrated at J J Hospital with all the grandeur and hoisted the flag. Rtns, Jayanti and Nita joined Premier School at Matunga in the Independence Day celebration. Rtns. Manoj and Vidula celebrated by donating their blood. Rtns. Veena and Pradeep celebrated by hoisting the flag at their society's terrace. Many of the members joined the celebration happening in their locality.

Sharing few pictures here.



Rtns. Jayanti and Nita celebrated Independence Day at Premier School. Students had displayed their beautiful drawings.



INDEPENDENCE DAY CELEBRATION



Rtns. Manoj and Vidula celebrating by Blood Donation



Rtns. Veena and Pradeep celebrated by hoisting the flag at the terrace



Rtn. Dr Pallavi hoisting the flag at J J Hospital

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Year 2023-24

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INDEPENDENCE DAY CELEBRATION



PR Pradnya celebrated the Independence Day at Kashmir with District Officials and Co-presidents.

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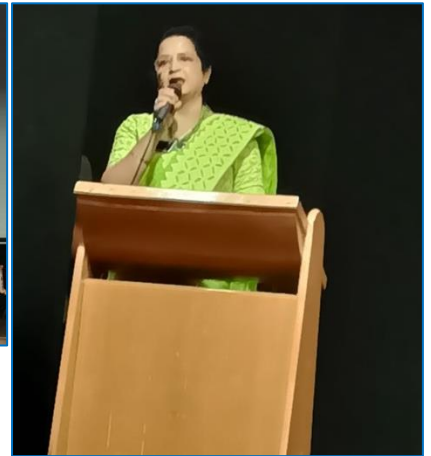
Year 2023-24

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INSTALLATION RC RAMNARAIN RUIA COLLEGE

In the month of August we had multiple installations programme. On 19th August, Ramnarain Ruia College Rotaract Club new President Rtr. Snigdha Gavali and BOD were successfully installed. PR Pradnya addressed the gathering and assured the support of RCMC. The programme was attended by PR Pradnya along with Rtns. Seema, Vidula, Usha, Ravati, Jayanti, Nita, Abhishek





INSTALLATION OF CSV INTERACT CLUB

Installation ceremony of Chatrapati Shivaji Vidya Mandir Interact Club was held on 21st August, 2023 in the school premises. District Trainer Dilip Shriram Mulay graced the occasion as a Chief Guest. The ceremony commenced with the lighting of the lamp by the dignitaries and followed by the singing National Anthem by all. The students gave excellent dance performance. Incoming Interact President Int. Riya Vedprakash Rajbhar was officially installed by PR Pradnya Sabnis and Board members were inducted by handing over appointment letters.

Chief Guest DT Dilip Shriram Mulay addressed the students and said that the meaning of Interact is 'International plus Action'. Participating in projects will develop the leadership and enhance various qualities in Interactors. He advised them to respect their parents and teachers, to do one good work every day for the community and to see good dreams and to put efforts with dedication and sincerity to execute them into reality and become good future citizens of the nation.

PR Pradnya expressed her thoughts and ideas regarding the Interact club and promised to have joint projects. The Principal of the school thanked the Rotary for establishing Interact Club. She also mentioned her expectations from Interactors. PR Rotaract Club of Ramnarain Ruia College explained the duties as Interactors and functioning of the club. She expressed her excitement towards collaborating with the team.

Special thanks to Rtn.Girish Jawle for being instrumental in establishing the Interact Club at CSV. The function was well attended – 12 RCMM Members, 10 Rotaractors, 57 Interactors and 6 others. Over all it was well organized and executed.



Lighting of the Lamp



Excellent Dance Performance by the Students



INSTALLATION OF CSV INTERACT CLUB



Installation of Interact President and Acceptance speech by her



Address by DT Dilip Muley and Dignitaries with BOD



Interactors listening to the Speakers attentively

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WAY TO INDEPENDENCE - DONATION OF SEWING MACHINE

RCMM donated sewing machine on 22nd August, 2023 to Madhuri Gurav. Pr Pradnya, Rtns. Vidula and Shaila visited her house at Lower Parel and handed over the machine. It will definitely help her to earn her livelihood. Madhuri had left her beauty parlor job for taking care of her child. But stitching clothes like saree blouse, clothes for small kids will help to be self sufficient. RCMM wishes her all the best in her endeavour.





PLANNING WITH INTERACT CLUB AT PREMIER SCHOOL

Having installed the new Board of Directors for 2023-24, RCMM team Rtns. Seema, Jayanti, Nita and Revati along with PR RCKCM Vanshita Patel, and PIS director Abhinav Warriar met the Interactors for the functioning of the club and future plans. They met School teacher- in- charge Ms Simran and students representing core n BOD of Interact Club. They explained the core BOD members of their official duties and further discussed on future plans. It was a very nice interactive session to decide on the projects which could be undertaken during the year 2023-24.



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DISTRICT INITIATIVE & CO-HOST

1. Quick Information Meet

This year for Club's benefits, DG Aruna Bhargava proposed to hold a quick 30 minute Zoom Meeting. A very first QIM was held on 8th August, 2023 and attended by PR Pradnya, Rtns. Vidula, Dr Gurmit, Shaila and Dr Hemangee. Main points of discussions:

- Shared information on how Mental awareness camps to be held for the students and general public, the treatment if any problem is there. Awareness to be generated by playing small skits at different places.
- Information on the different small courses at a discounted price for the needy people and to make them aware of the avenues that are available for them.

2. Gift of Life - Organ Donation Awareness Campaign

On the occasion of International organ donation day Bombay Up-town had organized an Organ Donation Awareness Campaign in association with 'Live Beyond Life Foundation' at Shivaji Park. PR Pradnya along with RCM members Rtns. Alka, Anand, Archana, Asmita, Dhananjay, Lalit, Nita, Dr Prasad, Revati, Sadhya, Shaila, Sulabha, Sunita, Veena, Vidula and Vrushali participated in the campaign.





DISTRICT INITIATIVE & CO-HOST

3. Flag Hoisting at Kashmir with Military

PR Pradnya travelled all the way to Kashmir along with DG and District dignitaries for Flag Hoisting ceremony.



“Fellowship isn’t just what we do for each other. Fellowship is what we do together for the world.”

—
Eric Bryant



PATRONS & DONORS



RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Donor's Name	Amount	Cause	Through Rotarian





FAMILY CORNER



Heartiest congratulations to PR Pradnya Sabnis and Rtn. Veena Watve for participating in Mangalagaur programme organized by Seabuzz in association with Shilpa Deshmukh Swayamsiddha Women's Association on 8th August. PR Pradnya bagged the award for her participation and performance.





FAMILY CORNER



Heartiest congratulations to **Rtn Veena Watve** for performing at Multi-District Conference held Indore on 4th to 6th August, 2023. It was a group dance performance on bollywood song of Sreedevi naurai mazi लाडाची लाडाची ग..... She was also a part of a mega project of distribution of 1000 bicycles for girl child.





FAMILY CORNER



Heartiest congratulations to **Rtn Kishore Parulekar** for rendering melodious song in SURLAHERI programme held at SNDT College, Ghatkopar on 20th August, 2023.



Heartiest congratulations to **Rtn Dr Gurmit Bachher** for getting an opportunity to meet Education Minister Mr. Deepak Kesarkar for future Rotary District Project. We wish her all the best in getting support from the Minister.



FAMILY CORNER



RCMM appreciates the act of **Rtn. Sheetal Bhatkar** of extending the support to Rotary Dharmashala by providing breakfast to patients and their relatives residing in through her NGO. Many thanks to **Rtn. Dr Gurmit** for connecting concerned Rotarians with Rtn. Sheetal.



Rtn. Sheetal at Rotary Dharmshala. She has started providing breakfast from 30th August, 2023



FAMILY CORNER

***Wishing you a day filled with Happiness and a year filled with Joy.
Happy Birthday***



Aditi, daughter of Rtn. Pratibha Malvi
Siddhant, son of Rtn. Kamlakar Rakshe
Rtn. Sulabha Rane
Gurpreet, son of Rtn. Dr Gurmit Bachher
Shruti, daughter of Rtn. Kamlakar Rakshe
Sumeet Pal, son of Rtn. Dr Gurmit Bachher
Arya, daughter of Rtn. Deeplaxmi Pednekar
Archana, daughter of Rtn. Uma Sahasrabudhe
Rtn. Dr. Pallavi Saple
Rtn. Dr. Sanhita Walawalkar
Rtn. Dhananjay Patwardhan
Rtn. Pradeep Dixit
Amruta, daughter of Rtn. Asmita Alate
Amit, son of Rtn. Shobha Karnik
Vikrant, son of Rtn. Shital Bhatkar

***Wishing you a very happy wedding anniversary and many more
wonderful years together***



Rtn. Dr Arundhati and Govind Hoskeri

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Facebook at <https://www.facebook.com/rotarymahim/>**